

# *Bar Menu*



## Bar Meals

### ALL BAR MEALS 2 FOR £12

Gammon & Chips <i>Served with a selection of seasonal vegetables.</i>	£7.00
Homemade Steak & Ale Pie <i>Served with a selection of vegetables &amp; chips</i>	£7.00
Homemade Fish & Chips <i>Served with mushy peas</i>	£7.00
Homemade Meat Lasagne <i>Served with fresh side salad &amp; chips</i>	£7.00
Scampi & Chips <i>Served with a fresh side salad &amp; tartar sauce</i>	£7.00
Sausage & Chips <i>Local Cumberland Sausage, with chips</i>	£7.00
Quiche of the week <i>Served with a fresh side salad &amp; chips</i>	£7.00
Beef Burger / Cheese Burger / New Yorker <i>Served with a side salad, chips &amp; relish</i>	£7.00
All Day Breakfast <i>Served with toast or bread &amp; butter</i>	£7.00

Bar combo platter £6.00

*served with a selection of dips, ideal for sharing*

## Fresh Sandwiches

*All served with a fresh side salad*

Ham	£3.00
Ham & Tomato	£3.00
Ham, Pineapple & Mozzarella Cheese	£3.00
Cheese & Onion	£3.00
Cheese Savoury	£3.00
Cheese & Pickle	£3.00
Ham Salad	£3.00
Cheese Salad	£3.00
Tuna	£3.00
Tuna Savoury	£3.00
Chicken, Lettuce & Mayo	£3.00
Coronation Chicken	£3.00
Prawn & Marie Rose Sauce	£3.25

## Fresh Baguettes

Cold fillings as above £3.75

## Hot Toasted Sandwiches

*All served with a fresh side salad & coleslaw*

Fillings as above sandwiches £3.25

## Hot Baguettes

Hot Roast Beef	£4.50
BLT	£4.50
Hot Cumberland Sausage	£4.50
Bacon	£4.50
Tuna Melt	£4.50
Breakfast Baguette (Bacon, Sausage & Egg)	£4.50

## Breakfast

Scrambled Egg or Fried Egg on Toast	£3.25
Bacon & Egg on Toast	£3.95
Beans on Toast	£2.95
Beans & Egg on Toast	£3.95

## Baked Potatoes

*All served with a fresh side salad & coleslaw*

Cheese	£4.50
Cheese & Beans	£4.50
Tuna	£4.50
Cheese & Coleslaw	£4.50
Cheese & Bacon	£4.50
Garlic Mushroom	£4.50
Prawn & Marie Rose Sauce	£4.50
Pepperoni & Mozzarella	£4.50
Chilli Con Carne	£4.50
Curry of the week	£4.50
Brie & Bacon Melt	£4.50

## Salads

Caesar Salad	£3.95
Chicken Caesar Salad	£4.95
Ham or Tuna Salad	£4.95
Ploughman's Salad	£5.95

## Hot Rolls

Bacon	£2.50
Cumberland Sausage	£2.50
Fried Egg	£2.50
Beef	£2.50

## Soup

Soup of the day	£2.95
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*Served with a crusty roll*

## Tea & Coffee

	Regular	Large
Cappuccino	£1.85	£2.25
Latte	£1.85	£2.25
Black Coffee	£1.85	£2.25
Pot of Tea	£1.20	
Hot Chocolate	£1.85	£2.25

## Additional Fillings/Sides

Cheese	£0.25	Onion	£0.25
Tomato	£0.25	Tuna	£1.00
Coleslaw	£0.50	Prawns	£1.00
Beans	£0.50	Ham	£0.75
Bacon	£1.00	Cumb. Sausage	£1.50
Scrambled Egg	£1.00	Fried Egg	£0.75
Hash Browns	£0.75	Pineapple	£1.00
Onion Rings	£1.00	Chips	£1.50
Garlic Bread	£1.50	Chicken	£1.00



Located upstairs in Club 35, our newly refurbished restaurant caters for all tastes.

Open Friday - Sunday  
6pm - 10pm

Trios is also the ideal venue for that special occasion & can be opened any time for parties of 15 or more.

To book a table or party please enquire at the bar or call  
01228 522122